



COMMONWEALTH OF DOMINICA
MINISTRY OF HEALTH, WELLNESS AND NEW HEALTH
INVESTMENT

ISOLATION AND QUARANTINE PROTOCOL

Issued August 13, 2021

Case Definition:

Any patient whether symptomatic or asymptomatic with a positive Rapid Antigen Test for SARs COVID-19.

A. Symptomatic COVID-19 Positive Cases

All symptomatic COVID-19 cases regardless of vaccination status (vaccinated or unvaccinated) must be admitted to a Government approved isolation facility.

A PCR test will be done on day 9

- If the PCR Test done on Day 9 is positive, the patient will complete 14 days of isolation and will be medically discharged following at least 3 days without symptoms.
- If the PCR Test done on Day 9 is negative , the patient will be medically discharged

B. Asymptomatic COVID-19 Positive Cases

1. Vaccinated Patients

Definition of Vaccinated Patient:

- i. The patient has shown evidence that they have completed both doses of the approved COVID-19 two dose vaccine regime or have received the single dose Johnson & Johnson COVID-19 vaccine.
- ii. The vaccine has been approved by the Ministry of Health, Wellness and New Health Investment and World Health Organization (WHO).
- iii. Second dose of vaccine **or Single Dose of Johnson and Johnson** has been received more than two weeks prior to the date of the antigen or PCR test.

Procedure

- 1) Upon visit to the health care provider for testing, the individual is required to present his or her vaccination certificate to the medical officer.
- 2) The health care provider shall be satisfied that the individual has received the required doses of the vaccine more than two weeks prior to the date of the antigen or PCR test.
- 3) If the test result is positive, health care provider shall place a band on the wrist of the individual and issue a certificate to the individual indicating positive test result with recommendation for home isolation.
- 4) The wrist band will be removed by an authorized health care professional **on day 11** and the patient will be medically cleared.

All asymptomatic **fully vaccinated** COVID-19 Positive Cases will be isolated at home for 10 days with **a wrist band**

2. Unvaccinated Patients

All asymptomatic **unvaccinated** COVID-19 Positive Cases will be quarantined at a Government approved isolation facility

Follow-up Procedure

A repeat Rapid Antigen Test will be done on Day 5 post testing

- 1) If the Rapid Antigen Test done on **Day 5 is positive**, the patient will complete 10 days of isolation and will be medically discharged, if he or she remains asymptomatic
- 2) If The Rapid Antigen Test done on **Day 5 is negative**, and the patient remains asymptomatic, the patient will be sent home with **a wrist band for an additional 5 days of home Isolation** to complete a total of 10 days of Isolation
- 3) The wrist band will be removed by a an authorized health care professional on day 11 and the patient will be medically cleared

3. Protocols for Patients place on Home Isolation by Medical Officers

For home isolation, patients will require:

- a. The supplement and/or medication prescribed by the medical officer (medical officer to prescribe vitamins C & D, and zinc)
- b. Masks
- c. Hand sanitizers
- d. A Thermometer to take daily readings and report, by telephone, to their district health team—contact information will be provided by the medical officer
- e. A list of guidelines for home isolation

Patient doing home isolation:

- **Must not** leave their homes;
- **Must not** allow people to visit them at home;
- **Must not** remove the wrist bands placed on their hands by the health officials
- **Must** isolate themselves from others who live at their homes
- **Must** wear masks at home

If you need supplies, have someone drop off at your door,

Please note that all employees who have received antigen positive or PCR positive tests results will be issued with a medical certificate for the period of isolation. Patients are encouraged to send pictures of these certificates electronically to their employers.

Prepared by: Dr David Johnson, Chief Medical Officer

Date: August 13, 2021